We Can Help

This resource guide will help New Mexicans find mental-health care in communities affected by the 2022 wildfires.

*Check with your insurance carrier if you have questions about coverage, though many of the services here can be accessed free of charge.

Statewide

Crisis and Access Line 1-855-NMCRISIS
(1-855-662-7474)
24/7, 365 days a year

Peer to Peer Warmline 1-855-4NM-7100
(1-855-466-7100)
Call from 7:00a - 11:30p MT everyday
Text from 6:00p - 11:00p MT everyday

Healthcare Worker and First Responder Support Line 1-855-507-5509; 24/7, 365 days a year

New Mexico S-Actions Program
For Understanding and Addressing Addiction
https://nm5actions.com

Santa Fe County

TeamBuilders Behavioral Health:
Omar A. Vega, LPCC, LSP, LED, ABSNP
Chief Clinical Operations Officer
(505) 216-2727 | (505) 365-1006 fax
PO Box 28164, Santa Fe, NM 87592
Omar Vega omar.vega@teambuilders.org

Gladis Lopez-Soto
Program Support Specialist
(505) 216-2727 | (505) 365-1006 fax
2504 Camino Entrada, Santa Fe, NM 87507
gladis.lopez@teambuilders.org

Southwest Family Guidance Center
Stephanie Medina, LCSW
MST/MST-PSB Supervisor
Santa Fe/Rio Arriba
4001 Office Court Dr. Suite 603 Santa Fe, NM 87507
Main: (505) 819-3310
https://swfamily.com/

Daybreak Counseling
Hal Agler, LCSW Clinical Director
4001 Office Court Dr, Ste 403
Santa Fe, NM 87507-4906
505-395-9456 office
505-930-5114 fax
505-470-5272 mobile
hal@daybreaknm.com
Serna Solutions
Santa Fe County (Cont.)

Brian Serna Clinical Director
Brianna@sernasolutionsllc.com
4001 Office Court Dr, Suite 701
Santa Fe, NM 87507
Phone: (505) 207-8929

Tierra Nueva Counseling Center
Denise Tui-Moore Clinical Director
Southwestern College
3952 San Felipe Rd, Santa Fe, NM 87507
Phone: (505) 471-8575

Solace Crisis Treatment Center
6601 Valentine Way, Santa Fe, NM 87507
Phone: (505) 988-1951

PMS Santa Fe Family Center
2504 Camino Entrada, Santa Fe, NM 87507
Phone: (505) 471-5006

PMS Santa Fe Community Guidance Center
Located in: Presbyterian Medical Services
Address: 2960 Rodeo Park Dr W, Santa Fe, NM 87505
Phone: (505) 986-9633

Santa Fe Sage Counseling Center
Address: 1223 S St Francis Dr, Santa Fe, NM 87505
Phone: (505) 982-8098

Santa Fe Support Therapy
Address: 1418 Luisa St #5a, Santa Fe, NM 87505
Phone: (505) 926-0906
Appointments: sfsupportivetherapy.com

Psychotherapy and Pastoral Counseling Associates
Galisteo Center Office Park
2019 Galisteo St, Santa Fe, NM 87505
Phone: (505) 988-4131

Mesa Vista Wellness Center
Office Court Co Inc
4001 Office Ct Dr STE 102, Santa Fe, NM 87507
Phone: (505) 983-8225

Las Cumbres Community Services - Santa Fe Center
Address: 1911 5th St Suite 100, Santa Fe, NM 87505
Phone: (505) 955-0410

Gerard’s House (Grief Counseling and Groups)

Taos County

Team Builders: 575-751-7037
Taos Behavioral Health: 575-758-4297
Pinwheel Healing: 575-224-3081
Namaste Child and Family Development: 575-737-5078
Golden Willow: 575-751-7037
Acacia Rising Counseling: 575-758-4270

Psychologist - Michael Cummings: 575-758-0345
Psychotherapist – Scott Douglas: 575-770-2324
Psychotherapist – Marsha Carlson: 650-933-8367
Psychologist – Page Mastor: 575-737-9352 – Adults only (private insurance)

San Miguel and Mora counties

Somos Familia
312 Bibb Industrial Dr.
Las Vegas, NM
505-425-8120

Kids Counseling
2528 Ridge Runner Rd.
Las Vegas, NM
505-425-2622

Oasis Therapy
710 Douglas Ave.
Las Vegas, NM 87701
505-617-1180

Nueva Vida Counseling
2313 Hot Springs Blvd.
Las Vegas, NM 87701
505-425-2913

Mora Valley Community Health Services
3 Mora Valley Clinic Road
Mora, NM 87732
575-387-2201

CBS Crisis Line
Suicide, Rape & Mental Health 425-1048 (24 hour hotline)
San Miguel and Mora counties (Cont.)

Behavioral Health Services Richard's Drop-In Center
1013 11th Street
Las Vegas, NM 87701
(505) 425-7030 Toll Free: 1(866) 425-7030
shelasilverman1@msn.com
Monday-Friday 8:30 am - 1:00 pm, Saturday-Sunday 10:00 am - 2:00 pm.

Services Offered: Temporary housing for individuals suffering from a mental health disorder. Visitors and residents are able to socialize and engage in a variety of activities such as music, sports, cooking and access to the internet.

The center offers transportation to and from doctor appointments. Peers will work with individuals to apply for public assistance programs including: Medicaid, Food Stamps, SSI, housing, clothing vouchers. Must be over 18 to Drop-In

Tri-County Family Justice Center of Northern New Mexico
2530 Ridge Runner Road
Las Vegas, New Mexico 87701
(505) 718-7300
24 Hour Crisis Line
(505) 425-1048 - Toll Free: 866) 575-SAFE    Hours: Monday-Thursday 7:00 a.m.-6:00 p.m. Closed Friday-Sunday

Rio Grande Outpatient Services
2301 7th Street, Suite A.
Las Vegas, NM 87701
(505) 454-9611

Grant County (Cont.)

Winborn Wellness
(575) 694-5478
290 Hurley Ave.
Bayard, NM 88023

Border Area Mental Health Services
(575) 388-4497
315 N. Hudson St. #6
Silver City, NM 88061

Silver Health Care
(575) 538-2981
1600 E. 32nd St.
Silver City, NM 88061

Online Resources: How Families Can Discuss Natural Disasters

Include children in planning for an emergency. Teach them how to get help and what to do in different situations. Practice your household disaster plan with your children and quiz them about preparedness information. Attached link provides information of what every child should know in the event of a disaster, provide guidance to parents of important knowledge regarding children’s schools and daycares regarding emergency plans and other important information to help prepare for disasters/emergency evacuations.
https://www1.nyc.gov/site/em/ready/kids.page

The Child Welfare Services and Disaster Planning and Response Unit was created in 2021 and falls under the Children’s Services Quality Management Branch and collaborates with the 58 counties to establish an effective process for creating, activating, and operating in an emergency and disaster preparedness plan as it relates to Children. Link attached will provide four emergency management phases:
https://www.cdss.ca.gov/inforesources/cws-disaster-response

Medical Equipment for Children Post-Disaster; Included in link will include common durable medical equipment used by children, how to identify resources to aid families with children with disabilities to acquire Durable medical equipment, (DME) and consumable medical supplies after a disaster, the challenges faced finding DME, and other valuable resources.
The link below will provide resources to assist in creating disaster preparedness plans and responding to emergencies quickly and effectively to protect children and families and help them recover. Disaster preparedness to meet children’s needs, coping with disasters and more.

https://www.childwelfare.gov/topics/management/disaster-preparedness/

Emergency planning with children.

“Children are positive influencers, can become leaders and can be confident during an emergency”. Youth preparedness and including youth in emergency management is an essential part of engaging the whole community. The link below will provide additional information from FEMA regarding Emergency planning with children.

https://www.fema.gov/emergency-managers/individuals-communities/children

https://www.nmhealth.org/publication/view/guide/4582/


This page from CDC has a solid compilation of resources and information focused on human trafficking. Some resources are available in English and Spanish. This is something I might send out as a link to partners to increase awareness of the issue. https://www.cdc.gov/disasters/human_trafficking_info_for_shelters.html

For more specific materials that can be downloaded or printed, look to ACF Office of Trafficking in Persons or the DHS Blue Campaign. Both sets of resources are available in several languages, and are very detailed with concrete actions community members and social service providers (for example) can take if they suspect someone is being trafficked or are concerned about trafficking in persons.


Disaster behavioral health is the provision of mental health, substance abuse, and stress management services to disaster survivors and responders. https://www.phe.gov/Preparedness/planning/abc/Pages/disaster-behavioral.aspx

Disaster Technical Assistance Center Supplemental Research Bulletin Behavioral Health Conditions in Children and Youth Exposed to Natural Disasters