Parenting requires support...

it really does take a village...

who will be your village?

Remember...
You are not alone!

New Mexico Home Visiting
programs are available all over the state of New Mexico.

To find a Home Visiting program near you:

www.cyfd.org/home-visiting
505-827-7946
What we do...

♥ Come to see you in the convenience of your home
♥ Offer support and listen to you and what you have to say
♥ Answer questions about your baby’s development
♥ Help connect you with resources in your community

Benefits of home visiting...

♥ Support for you, your baby and your family’s well-being
♥ Better understand how your baby lets you know what she wants
♥ Discover ways to use your relationship with your baby to support his development
♥ Better understand the baby blues

“There’s no such thing as a baby. There’s a baby and someone.”
- Donald Winnicott

Babies get what they need from you and we are here for you and your baby.

Research shows...

♥ What a child experiences in their first years of life makes a big difference in how their brain will develop and how they will interact with the world throughout their life.

♥ Nurturing parent—infant/toddler interactions are critical to the development of a secure attachment, best possible development in all areas of functioning, and is associated with greater success during the school years.

From day one, the little things you do can make a big difference in your baby’s life!

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